

# Anziani e Non Solo

## -News-

### MINGLE: LEARNING UNIT FOR MIGRANT WORKERS

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The MINGLE project aims to improve the quality of life and promote social and economic inclusion of migrant workers in local society. The course is intended for those who want to work in the care (caregivers) and tourism sectors. It integrates language education and learning of contents useful in a professional environment, helping migrants to become active members of the host country. This will be achieved through the development of an e-learning application easy to use, aimed to vocational training and the development of content relevant for the teaching of the receiving country language. During the next steps will be processed 4 courses: 2 courses in Greek language targeted at Bulgarian migrants who want to work in Greece and Cyprus in the tourism and care sectors and 2 Italian language courses aimed at Romanians wishing to work in Italy in the two areas mentioned above. Through the application of e-learning migrants will be able to socialize and communicate each other, creating a study

group made up of people from the same country. In this phase of the project were defined the contents of the 5 teaching units. The units of the course for those who wish to work in the tourism sector will concern issues and situations: at the restaurant, health, hotel, CV and job hunting, getting around town (the local amenities and road signs). The topics of the course for those who wish to work in the care sector are partially different and will be: care for the elderly, health, food and nutrition of the elderly, the CV and the process of finding a job, getting around the city (local services and traffic signs). The next phase, scheduled for April, will be the testing of the online course on about 30 people for each participating country.



## COMETA: PRE-TESTING COMPLETED

COMETA is a project funded by the LLP - Leonardo Da Vinci aimed to identify the transferable skills common to a cluster of social professions in Europe and to assess its transferability using the ECVET model. We have just completed the pre-testing. In this step each partner has administered to a group of stakeholders and experts some BESCLO tests (acronym used to refer to the proposed standard of the basic knowledge needed to work in the social and welfare sectors) and COMETA scenarios. During the focus groups was analyzed and commented the first version of the tool and, through the analysis of data obtained in the pre-testing, in the next project

phase will be fine-tuning the final version of the instrument for the recognition of soft skills in the context of social professions. In Italy were involved 29 stakeholders and experts from the Sardinia and Sicily Regions.

Further information at:

<http://www.cometa-evolution.eu>



## AMICO MEETING IN ITALY

The AMICO project, funded by the German LLP National Agency, aims to develop a useful tool to guide the decisions of those who are considering to emigrate to another European country to work in the field of elderly care. On 3<sup>rd</sup> and 4<sup>th</sup> December 2013 in Carpi took place a meeting with the different partners. In this meeting were collected the first assessments of the testing phase just ended. During the testing some experts (doctors, nurses, physiotherapists, psychologists, etc..) from Italy, Germany, Poland and Romania, evaluated and commented the questions that will form the online tool for assessing the competences of people wishing to emigrate in another EU country to work in the field of elderly care. Experts have

appreciated the tool and the overall impression was positive. Now the tool will be corrected according to the comments of the experts, then, in its final version, it will be made available online. Users will test their skills through this tool and obtain a self-certification who can be used for job hunting in the new country.

Further information at:

<http://www.amico-online.org>





## BURNOUT PREVENTION: MEETING IN TURKEY

Last November in Silifke, Turkey, there was a meeting of the project on the prevention of burnout in care workers. During the meeting, the Turkish partners presented the activities carried out under the project with the nursing students and accompanied the partners to visit some residential care facilities. ANS, on behalf of INFORJOB, was responsible for the overall evaluation of the project using the Rickter Scale methodology. Currently we are developing a manual for the prevention of burnout and training curricula for home care workers,

nurses and nursing students. In the next phase of the project, scheduled for the spring, the turkish partner will test the training curricula.



## QUAKE-HIT AREAS: HOME CARE WORKERS TRAINING

Since October 2013, on behalf of HUMAN FORM, ANS has been organizing free training and guidance to the work of home care workers living in the areas affected by the earthquake of 2012. Each course (currently 6) is addressed a12 participants with experience of family care (caregiver) unemployed or unoccupied. The course runs for 8 sessions and includes the recognition of the skills already acqui-

red through the care work, training sessions of experts (diseases of the elderly, nutrition and personal hygiene, mobilization, communication, safety and risk prevention, rights and duties of family carer) and a self-training at home through multimedia.



Advancing Integrations for a Dignified Ageing

## AIDA: WORKSHOP ON SOCIAL AND HEALTH SERVICES INTEGRATION

In October 2013 were held two workshops (Genoa and Venice) within the Aida project. The workshops were attended by representatives of the local Social and Health Districts that have outlined the key points of the guidelines for the social and health services integration with respect to: geographical area of intervention, financial resources, information systems and monitoring, operational tools and procedures, services and facilities, human resources. Then we tried to exploit and disseminate good practices. In the context of innovative models for taking charge of the frail elderly patient in the transition from hospital to territory and from territory to hospital, was illustrated the Genoa experience of "Codice d'Argento" (Silver Code). Respect to good practice aimed at supporting family caregivers it was illustrated the experience of the pro-

ject partner ANS. The working groups expressed the needs to: develop the culture of social and health integration, share information among the health and social systems, develop human resources in a view of integration, perform the organizational, procedural and management redesign for the social and health integration, valorize caregivers in the processes of social and health integration, promote integrated widespread availability, bi-directional operations center.

Further information at:

<http://www.projectaida.eu/>

## QUICK NEWS



**HELP, TALK, LISTEN** - ANS continues to be engaged in supporting those who care for their sick or dependant family members.

From October 2013 ANS organize, at its headquarters, monthly meetings of the self-help group of family caregivers. The group is a place where people united by a common goal or experience can share their own experience, meet, know and discuss with other persons with similar experiences in a context of mutual support.

Further information at: <http://www.anzianienonsolo.it/>



**SARDEGNA, EXPERTISE IMMIGRATION** - In February will start the first courses of the project Expertise Immigration. This project is aimed at operators who, at different levels and with different roles,

participate in the implementation of the Sardinian hosting system of foreign persons with the goal to classify and standardize their skills and improve the quality of supplied services. The project will be promoted in several editions in the north, center and south of Sardinia and it will include information, training and transfer of national and international good practices.

Further information at: <http://www.competenzaimmigrazione.it/>



**TRAINING COURSES FOR FAMILY CAREGIVERS** - In collaboration with Cesvip, ANS organizes free training courses for family caregivers in areas affected by the earthquake of 2012. The course lasts 40 hours and allows participants to acquire knowledge and operational tools for the management of

dependent persons. The subjects covered are: local services for elderly care in support of the family caregivers, diseases of the elderly (dementia and Alzheimer's), daily living support (hygiene, nutrition, ...), rights of the elderly and rights of the family caregivers, how combat the care work stress, mutual aid, the impact that caring a sick person has on families, youth, adults and seniors, family care and evolution of care systems.

Further information at: [modena@cesvipimpresa.it](mailto:modena@cesvipimpresa.it)



**TOYAC** - In October 2013 a meeting was held in Utrecht. The meeting had the objective to improve the knowledge about the ways in which support is provided to young informal caregiver in different countries, in particular in the Netherlands.

Further information at: [www.youngadultcarers.eu](http://www.youngadultcarers.eu)

